

A SOUTH HAMPTON ROADS COMMUNITY- AND FAITH-BASED COVID-19 ACTION GUIDE

This guide compiled by the VA Poor People's Campaign, Hampton Roads Chapter provides broad organizational planning guidance, information on how impacted members of your organization can obtain assistance, opportunities for your members to volunteer, ways to donate to support COVID-19 suppression, and information on public school meal distribution.

1. COVID-19 Organizational Planning

a. CDC COVID-19 Community- and Faith-Based Planning Guide: https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/guidance-community-faith-organizations.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fcommunity%2Fguidance-community-faith-organizations.html

b. Virginia Department of Health (VDH) COVID-19 Community- and Faith-Based Considerations: <http://www.vdh.virginia.gov/content/uploads/sites/13/2020/03/VDH-CFBOs-03.16.20.pdf>

2. Requests for Assistance

a. Citizens who need assistance with food, mental health counseling, housing, etc., can call the United Way of South Hampton Roads hotline at (757) 858-7777, or fill out a form online at <https://unitedwayshr.org/coronavirus/> and a case manager will contact them.

b. Another option is to submit a request to Corona Aid 757 at <http://coronaaid757.com/> or call (757) 598-1480 if you are in need of assistance with groceries and medical supplies, physical and mental health check-ins, or any other type of errand.

3. Volunteer Opportunities

a. The Virginia Medical Reserve Corps (MRC) is recruiting volunteers for its COVID-19 response. They accept volunteers with and without medical certifications and are also recruiting HAM radio operators based in Virginia. Anyone interested should register at <https://www.vamrc.org>.

b. VOLUNTEER Hampton Roads mobilizes healthy volunteers to support the needs of their partner organizations (such as United Way of South Hampton Roads) and communities they serve. Register at <https://www.volunteerhr.org/opportunity/a0C3I00000ho68u>.

c. Corona Aid 757 in partnership with its contributing organizations Norfolk Food Not Bombs, Mutual Aid Disaster Relief, and the Poor People's Campaign offers a less formal, more grassroots volunteer network consisting mostly of (but not limited to) young adults. If you are a low-risk individual with transportation and time to spare or would like to serve in place as a coordinator/dispatcher, sign up here to help the more vulnerable members of our community: <https://docs.google.com/forms/d/e/1FAIpQLSdmxE431orW5JZSS6kNWBGlExB8aasGodccb3aIKatxTMB2lg/viewform>

4. Donations: All the organizations highlighted above, except the state-operated MRC, accept donations to cover the cost of their work.

5. Public School Meal Distribution: This is a dynamic situation and the sites used to track this information may change. At present, this is where public school meal information is found:

a. Norfolk: <https://www.npsk12.com/Page/15454>.

b. Virginia Beach:

https://www.vbschools.com/students/health_and_guidance_services/health_services_for_students/coronavirus.

c. Chesapeake: <https://cpschools.com/coronavirus-information-and-updates/>.